

CITY COLLEGES®
OF CHICAGO

Thrive

At City Colleges of Chicago

We can help you with basic needs resources as you work toward your degree or certificate—because we know that once these obstacles are removed, you will thrive!

HERE'S HOW CITY COLLEGES CAN HELP:

Food Security for Life



- **Groceries:** Stop by your on-campus food market to grab free groceries.
- **Snacks-to-Go:** Free snacks are available at ten locations across your campus – just look for the signs and discover all ten spots!
- **SNAP Benefits:** We can help connect eligible students to Greater Food Depository Liaisons to be screened/apply for LINK/Medicaid/WIC and more
- **Meals-to-Go:** Free frozen meals to take home (currently only available at Kennedy-King College, Malcolm X College, Olive-Harvey College)

Mental Health Support



- A Wellness Center on each main college campus is here to support your personal well-being and academic success. We provide a variety of mental health and other social services to help you navigate life's challenges, including:
- **Counseling:** Teletherapy, Talk-Therapy, Psychological Evaluations
- Case management
- Support Groups, Workshops/Presentations, Mental Health Screeners

City Colleges of Chicago Emergency Fund



Have an unexpected expense? You may be able to apply for Emergency Fund assistance for rent, utilities, transportation, medical bills, childcare, or books.

Stop by your Wellness Center to learn more about the eligibility & application process.

Eligibility

- Be a resident of the City of Chicago
- Be experiencing a financial crisis
- Be at least 18 years old
- Be currently enrolled in a credit-degree program at City Colleges

Housing Assistance



DAX: DePaul USA 2-year Housing Assistance Partnership (limited availability)

Students eligible to apply for this opportunity are:

- Enrolled as City Colleges credit student
- Housing insecure/homeless
- Able to pay subsidized monthly rent
- Between 18-32 years old

Stop by your Wellness Center to learn more about the application process.